



LIFE GROUPS 2019

NLC Life Group Study

Week of February 24, 2019

GOD NEVER SAID THAT | Sex Is Bad

Life Group Schedule

15 MIN Eat, Meet & Greet

15 MIN Ice Breaker: **FUN QUESTIONS!** Ask any of the following questions. (Make sure everyone has an opportunity to answer at least once).

- If you could go anywhere in the world, where would you go and why?
- If your house was burning down, what 3 objects would you save and why?
- If you could talk to any one person now living, who would it be and why?

TRANSITION: As you're gathering, spend some time in worship & prayer.

OPENING PRAYER

45–60 MIN | GOD NEVER SAID THAT | SEX IS BAD

- Why this is a tough topic:
 - › Many people have painful sexual memories.
 - › There's a lot of misinformation, confusion, and blurred lines in the world today.
 - › Everyone makes mistakes, but sexual mistakes cause heartache.

REVIEW ROM. 12:1-2, HEB. 13:4, EX. 20:14

- Our hope today is that you begin to trust God more than you trust your own instincts.
- The Bible is clear that sex should only be in marriage between a man and a woman.
- God gave us the gift of sex but gave boundaries to keep it good for us.

REVIEW 1 COR. 6:18-19; PHIL. 4:8-9

- If you want to live in a body that is free from sexual sin, guilt, shame, and consequences, then honor God with your body.
- The root of all sin is unbelief in God.

WHAT DOES A GODLY MARRIAGE NEED?

1. A Godly marriage needs you to be lovers.
 - Verse: "Consider others better than yourself."
 - › Principle for husbands: Don't think of yourself first.

SONG OF SOL. 4:10-11; SONG OF SOL. 7:7-8

2. A Godly marriage can't live without constant rejection.
 - › Principles for wives: Don't put everything else first.

SONG OF SOL. 7:10-11

3. A Godly marriage needs faithful wisdom.

SONG OF SOL. 6:3; JOB 31:30; MATT. 6:22-23; MATT. 5:8

- Principle for husband and wife: Keep your focus on each other.
- Confess your sins to one another. **SEE JAMES 5:16**
- Practical:
 - › If you're married, never be alone with the opposite sex—not in your office, not in the car, not going to lunch together.
 - › If you communicate by text with the opposite sex, include your spouse as a group text.
 - › Share your location with your spouse.
 - › Always brag about your spouse.
 - › Internet: Use a filter.

QUESTIONS FOR COUPLES

- Q1.** In light of this week's sermon, is there something you need to repent of? Confess to someone? Forgive yourself for?
- Q2.** In light of this week's sermon, is there something you need to forgive your spouse for?
- Q3.** Do you see an area where you personally need to make a correction? If so, who can you share this with for accountability?

QUESTIONS FOR SINGLES

- Q4.** In light of this week's sermon, is there something you need to repent of? Confess to someone? Forgive yourself for? Forgive someone else for?
- Q5.** Do you see an area where you personally need to make a correction? If so, who can you share this with for accountability?

PRAY OVER NEEDS, ANNOUNCEMENTS