



# LIFE GROUPS 2019

NLC Life Group Study

Week of August 25, 2019

OLD SCHOOL | DAVID & GOLIATH

# Life Group Schedule

**30 MIN** Eat, Meet & Greet

**15 MIN** Ice Breaker: **Find Someone Whose Mom.** Description: Prepare a questionnaire ahead of time that includes 5-10 descriptions of someone each person will be looking for in the group. The members will then find someone whose Mom matches the descriptions listed. Here are some sample questions (feel free to make up your own): Find someone whose Mom...

- Has a birthday the same month as yours
- Does not leave the house without red lipstick
- Makes the best chicken casserole
- Has the most kids
- Loves (or hates) cats
- Has a Bundt cake for everything
- Loves to ride motorcycles
- Has the biggest rose garden
- Is the best (or worst) cook

**TRANSITION:** As you're gathering, spend some time in **WORSHIP & PRAYER.**

**45 MIN | OLD SCHOOL—DAVID & GOLIATH**

**READ 1 SAMUEL 17 TOGETHER**

**FACING THE GOLIATH IN YOUR LIFE**

**Q1.** Heart check! How is your heart doing? Have you ever pursued the Lord with all of your heart for all of His will? Can you honestly sing, "I Surrender All," or are you surrendering some?

**REVIEW 1 SAMUEL 16:7**

**Q2.** Do you have a casual relationship with God—like maybe David's brothers—or are you addicted to Him?

- › Leaders need to be both willing and able, but the most important thing is to have a heart after God. This is what the Lord saw in David.
- Giants do not just leave.
  - › Goliath was 9 feet tall, with armor weighing 125 pounds. Like Goliath, Giants are loud, tough, and intimidating.
  - › Giants could be marriage struggles, tough financial situations, major decisions, secrets.
- Giants love to get you alone.
  - › Alone without God, and alone without people. The only thing worse than being alone is having someone to call and you don't call them.
- Giants love to get you emotional.

**HEBREWS 11:6**

- › You will always have feelings, but resist the urge to lead with them. They are real, but not correct. What you see and feel is not all there is.

## PROVERBS 21:2

- Giants love to intimidate you.

### THINGS TO REMEMBER WHEN FACING YOUR GIANT:

1. Always use the gift that God gave you for your Goliath.

- › Ask the Lord to show you what to do.

**Q3.** What is the Lord showing you when you're praising Him?

2. Over-prepare.

- › David had five smooth stones, but he only used one. Why 5? Just in case!
- › "The only thing that releases pressure in your life is to be prepared."—*Pastor Rick's golf coach*

**Q4.** How does the Lord want you to prepare to face your giant? What are some practical steps you can put in place to bring confidence that you really are prepared, or even over-prepared?

3. Giants may not be as strong as we've made them out to be.

- › Gigantism is often caused by an adenoma—a pituitary gland tumor, which produces excessive growth hormone. It also causes loss of eyesight. Goliath couldn't see well! Giants are vulnerable.
- › A slingshot expert can hit a target 100 yards away. Goliath was clearly the underdog. People may say, "The giant is too big to hit!" But David's position was, "The giant is too big to miss!"

**Q5.** What do you believe about this giant you're facing? Do you believe it's too strong for you, too powerful to overcome? What does God say about that?

4. Always finish what God starts.

- › David became king and started not spending as much time with God as he used to, and he drifted. God met him where he was, and brought a much-needed correction. God wasn't finished with him yet.

**Q6.** What is your next step?

### ANNOUNCEMENTS, PRAY OVER NEEDS