



LIFE GROUPS 2020

NLC LIFE GROUP STUDY | FUTURE FEARS!

Week of FEBRUARY 9, 2020

Life Group Schedule

30 MIN Eat, Meet & Greet

15 MIN Ice Breaker Game: Connecting Stories. Instructions: This game is all about finding common experiences or themes between people. The goal of the game is to connect mini-stories in an interesting way. Materials required: Pens and Post-it Notes or note cards. Divide into small groups of 6-8 people. Each person must share at least one item that connects to the other mini-stories. The longer the chain of items that can be created, the better. Write down a few words on a post-it note to keep track of each part of the story.

The first player begins by sharing an interesting memory or experience that they have. For example, one player can say: "One time, I accidentally locked myself out of the house. So then I spent the entire day at a coffee shop." Any other person can tell a related story that has any similar themes or elements to the previous story. For example, the next person can say, "I am a total coffee addict. Every day I drink 3 cups of coffee, and it sometimes prevents me from being able to sleep at night."

The next player, based upon the previous story shared, can say something related, such as: "I don't sleep much at night because I play lots of computer games until early morning." Any person can then add to the story, by saying something like, "I also love computer games." To help the group remember each part of the story, write a few words on a post-it note for each part of the story chain. The more interesting or funny the story, the better. The group with the longest connected chain of stories wins. This activity is a fun way to get people to share stories, while helping them learn similarities or common interests.

TRANSITION: As you're gathering, spend some time in **WORSHIP & PRAYER.**

45 MIN | FUTURE FEARS!

MAIN SCRIPTURE REFERENCE: DANIEL 3:19-30

- For some people, the heat is on because they are reaping what they've sowed. Stuck-ups and kiss-ups.
- For others, the heat is on because they're standing up for God. Stand ups.
- Nebuchadnezzar raised the heat 7 times! Overkill. Did it to invoke FEAR.

1. Do Not FEAR! God will walk through the fire with me.

DANIEL 3:24-25; ISAIAH 43:2-3A

- It's *when*, not *if*. *When* we walk through the fires of life.
- Trust Him! He is with you and will never leave you.
 - › Jesus is as close as the mention of his name.

2. Do Not FEAR! God will burn off the things tying me down.

ISAIAH 48:10

- Pain never leaves you where it found you. It either moves you forward or backward, depending on your relationship with God.
- You are not the same. With your character tested, you are stronger, better, wiser, refined, stretched.
- When you get close to God, He uses pain to your advantage.

- Q1.** So, let's think about how this may be playing out in our own lives. What's got you tied up?
- Q2.** What's holding you back or limiting you from being all you were meant to be?
- Q3.** What limitations in your life does God want to burn off?

3. Do Not FEAR! It will bring unbelievers to God.

DANIEL 3:28-30

- What you are willing to die for determines what you're living for.

- Q4.** What is the message of the Gospel costing you right now?
- Q5.** What one percent correction is the Lord showing you to make, in light of this teaching?

TAKE PRAYER REQUESTS AND PRAY OVER NEEDS