



LIFE GROUPS 2019

NLC Life Group Study

Week of April 28, 2019

HOW TO FINALLY WIN...

Life Group Schedule

30 MIN Eat, Meet & Greet

15 MIN Ice Breaker: **Two Truths and a Dream**, (a variation of “Two Truths and a Lie”). Each person prepares three statements, two true, and one that is not true, yet something they dream was true. In any order, the person shares the three statements to the entire group. The object of the game is to figure out which statement is the dream. The rest of the group votes on each statement, and the person reveals which one is the dream. This interesting spin often leads to unexpected, fascinating results, as people often share touching dreams for their lives.

TRANSITION: As you're gathering, spend some time in **WORSHIP & PRAYER**.

45 MIN | HOW TO FINALLY WIN...

- Sometimes we don't know what to do when it gets quiet

Q1. Have you ever been trained how to have a quiet time?

WHAT IS A QUIET TIME?

- It's “unhurried time.” Nobody has extra time just lying around. If you want a relationship with God, you have to spend time with Him.
 - > Do you ever feel like something is missing? It may be this!
 - > You know what a **devotional** is? Someone else's quiet time!
- When you know something, you forget what it's like not to know it.
 - > Our walk with God is like this. It has to be experienced.
- In fact, if you're going to succeed - like driving - we have to give significant time & energy to develop our skills, and our quiet time is a skill!

READ ECCLESIASTES 10:10

- Skill will bring success, but it takes practice.

Q2. Have you ever watched a Curling competition? Have you ever tried Curling?

- We tend to do the same thing with our walk with God. We haven't practiced, we barely watch it, and we don't really know how it works.

READ PHILIPPIANS 2:12

- God did the “work on”—He worked on your salvation. Now it's up to us to “work out” our salvation. God's will for our lives is that we grow.

Q3. Choose a passage of Scripture, and walk through it with your life group using the following ABC's:

THE ABC'S OF HAVING A QUIET TIME:

A - ASK QUESTIONS...

B - BEST VERSE...

C - COMMUNICATE WITH GOD...

1. Ask Questions.

READ MATTHEW 18:3

- Ask the same way a child does: they're curious! Be inquisitive. Practice on this:
MATTHEW 22:36-39
- 5 questions to ask yourself when you look at a scripture:
 - > 1 // Is there a command to obey?
 - > 2 // Is there a promise to claim?
 - > 3 // Is there a sin to avoid?
 - > 4 // Is there an application to make?
 - > 5 // Is there something new about God?
- "Meditating" means: thinking about something, pondering it, asking questions about God's Word, and writing down your thoughts.

2. Best Verse.

- Write the scripture down in your own words, and put your name in it somehow.
- If the "Ask Questions" part is a shotgun approach, then the "best verse" part is a sniper rifle.

3. Communicate with God.

- Ask God to show you something in the scripture.
 - > Pray the scripture over your life.
 - > Talk to God about it for a few minutes.
 - > Write down whatever comes to mind or in your gut.

Q4. Ask life group members to share what they learned, heard, or received from God during this exercise.

CHALLENGE: 15 MINUTES A DAY FOR THE NEXT SEVEN WEEKS

- For the next 7 weeks—5 Scriptures each week—we've mapped out a quiet time for you on @NLCLIVE on Instagram, or NLC LIVE on Facebook.
 - > Remember—this is a skill! It won't happen unless you commit to it.
- Put it on your calendar. 15 minutes/day.
 - > 5 minutes to read and underline
 - > 7 minutes to answer the questions & write down the verse in your journal
 - > 3 minutes to pray
- If you do these things, you'll know more about God and be closer with Him than ever.
 - > Tell someone you're doing it. Don't do it alone!

READ 2 PETER 3:18

- You'll know clearly what you believe. You'll find out how to talk with God. You'll know your purpose, and you'll finally get something out of reading the Bible.
- This doesn't change just you; it has the power to change your whole house!

ANNOUNCEMENTS, PRAY OVER NEEDS